

Sunday - May 4, 2025

Breakfast 6:00 am - 8:00 am Freeport Room
Devotional Service 8:00 am Ballroom
 ILRCA & INRLCA State Chaplains, LeAnne Meiners & Larry Gunnell
General Session 9:00 am Ballroom
Business Session
2026 Mid-States Presentation

Closing Remarks - Lisa Naas, ILRCA President - Cindy Webb, INRLCA President
Oath to New Officers - Kirby Ricketts, INRLCA Executive Committeeman
Benediction - State Chaplains - LeAnne Meiners & Larry Gunnell
Retirement of Colors -
Adjournment

*Labor is prior to, and independent of, capital.
Capital is only the fruit of labor, and could never have
existed if labor had not first existed. Labor is the superior of
capital, and deserves much the higher consideration.
Abraham Lincoln*

Thank you to the Mid-States Vendors



30TH ANNIVERSARY 1995 - 2025

2025 MID-STATES CONFERENCE



**HOSTED BY ILRCA & INRLCA
MAY 2, 3 & 4, 2025**

The Illinois and Indiana Rural Letter Carriers' Associations' would like to welcome all attendees from Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota and Wisconsin to Springfield, and the President Abraham Lincoln DoubleTree by Hilton, Hotel and Conference Center.

We truly hope you enjoy your time
here in the "Land of Lincoln!"

This program is sponsored by:



TrestleTree is your trusted health coaching partner in guiding positive change and attaining long-lasting results.

Please visit our vendor table in the Pre-Function area.

Contact info: call 1-855-553-5109 or scan this QR code:



Agenda

Thursday - May 1, 2025

Registration..... 3:00 pm - 7:00 pm..... Registration Booth

Friday - May 2, 2025

Breakfast 6:00 am – 8:00 am Freeport Room
 Registration..... 7:30 am - 3:00 pm..... Registration Booth
 Material Tables 7:30 am - 5:00 pm..... Pre-Function Area
 Mid-States Conference Board Meeting..... 7:30 am - 8:00 am Governor Bond Room
 Morning General Session 8:15 am - 12:00 pm Ballroom

Welcome - Cindy Webb, INRLCA President

Guest Speakers

Social Security Specialist..... Jack Myers

Break -- Visit the Vendor Tables 10:00 am - 10:15 am.....

This break is sponsored by:



Annuity / Retirement Seminar - NRLCA Retirement Specialist, John Embleton

Lunch - Visit Vendor Tables 12:00 pm - 1:15 pm..... Freeport Room
 State Secretary/Treasurer Roundtable.. 12:00 pm - 1:15 pm..... Governor Cabinet Room
 State President/VP Roundtable..... 12:00 pm - 1:15 pm..... Governor Bond Room

Afternoon General Session 1:15 pm - 4:00 pm..... Ballroom

Guest Speakers

APCU - Aneka Battle; National General - Linda Foran; Aetna - Ali Sherrill; Trestle Tree - Michelle Yacko;
 TSP - Arvella Collins

Labor Seminar

John C. Adams - Director of Labor Relations — Nicky Phillips - Director of Steward Operations
 Jean-Marc Favreau, NRLCA Legal Counsel, Peer, Gan & Gisler, LLP

Break -- Visit Vendor Tables 3:00 pm - 3:15 pm.....

Insurance Seminar - Lynne Paller, Director of Health Insurance Programs

Breakout Seminars..... 4:00 pm - 6:00 pm.....
 OWCP Seminar, Devin Cassidy, NRLCA Director of Workers' Compensation Freeport Room
 Thrift Savings Plan Specialist, Arvella Collins Ottawa Room

Meet and Greet (*must be registered*) 6:00 pm - 9:30 pm..... Ballroom

Saturday - May 3, 2025

Breakfast 6:00 am - 8:00 am Freeport Room

Registration..... 7:30 am - 12:00 pm Registration Booth

Materials Tables 7:30 am - 2:00 pm Pre-Function Area

Morning General Session 8:15 am - 12:00 pm Ballroom

Presentation of the Colors -

National Anthem -

Pledge of Allegiance -

Invocation/Devotions - ILRLCA, LeAnne Meiners & Larry Gunnell, INRLCA Chaplains'

Welcome - Lisa Naas, ILRLCA President

Recognition of States/Flags - Cindy Webb, INRLCA President

Auxiliary Greeting - Lesa Routh-Halcomb, National Auxiliary

Legislative Update - Paul Swartz, Director of Governmental Affairs

Break - Visit the Vendor Tables 10:00 am - 10:15 am.....

The break is sponsored by:



USPS Address - Derrick Strissel, Central Area Manager

Lunch - Vist Vendor Tables 12:00 pm - 1:15 pm..... Freeport Room

Afternoon General Session 1:15 pm - 4:00 pm..... Ballroom

Presidential Address - Don Maston, NRLCA President

Break - Visit Vendor Tables 2:30 pm - 2:45 pm.....

NRO Address - Kirby Ricketts, NRLCA Executive Committeeman

National Candidate Announcements

NRLCA Board Q & A

Cash Bar Opens..... 6:00 pm Ballroom

Banquet 6:15 pm - 10:00 pm..... Ballroom

Beginning with blessing and POW/MIA Remembrance Ceremony,
 Followed by dinner, Presentation of Traveling Trophy, Silent Auction,
 and Hypnotist, Michael Anthony